

# Appalachian Search and Rescue

## Tidewater Search and Rescue Group

### Call Out Qualified Equipment List

Listed below are the "ten" essentials required by all members who wish to be **Call Out Qualified**. You will need to collect the "Essentials" to give you the minimum ability to survive and respond. You will survive, if you use them properly, but nobody says that you will be comfortable.

1. Appropriate clothing and footwear for both fair and foul weather.
2. Water container of one to two liter capacity.
3. Minimum of five large, Heavy Duty trash bags.
4. Food for 48 hours.
5. Headlamp (or flashlight) and a second light source including spare batteries and bulbs.
6. Lighter, matches and candle (protected from moisture).
7. Knife.
8. Compass (a good one. Do not be fooled by the el cheapos, after all it is your life that will depend on it)
9. Personal first aid kit
10. Pen and paper.
11. Whistle.
12. Virginia Atlas and Gazetteer.

Yes, we know that the list is called the "ten" essentials and there are twelve listed but it gets better because you also need something to carry this stuff in. You can use a day pack, fanny pack.

As a member of the group, you need to have this gear ready 24 hours a day.

The only things you should have to do is fill your water bottles, put the pack in your vehicle, grab your map and you are ready to go.