

Commonwealth of Virginia, Department of Emergency Services

Search and Rescue Program

Field Team Member (FTM) Personal Equipment List

1. Windshell jacket with hood.
2. Waterproof jacket or parka with hood-A GoreTex type or similar jacket can serve for both items 1 and 2.
3. Rain chaps or rain pants - Add gaiters for winter.
4. Heavy wool shirts or sweaters, as required.
5. Wool pants.
6. Long underwear of wool, silk, polyprop or other suitable synthetic material. Cotton thermal underwear IS NOT acceptable.
7. Wool stocking cap or balaclava. A scarf is recommended if a stocking cap is used.
8. Heavy wool socks with lighter weight liner socks.
9. Leather gloves with wool liners. Mittens reequred for extremely cold weather.
10. Heavyweight backpacking or mountaineering boots with suitable lug sole recommended. Combat-type boots are acceptable.
11. Backpack, large enough for day pack use.
12. One quart minimum canteen or water bottle.
13. At least one day supply of quik energy food.
14. Pocket Knife.
15. Whistle.
16. Orienteering type Compass.
17. Flashlight or headlamp with alkaline batteries, spare batteries, and spare bulb. Headlamp is recommended.
18. Waterproof matches or disposable lighter, fire starter.
19. Personal first aid kit.
20. Storm shelter: Tube tent, space blanket, lightweight tarp.
21. At least one 30-gal leaf bag.
22. A sleeping bag, an Ensolite or similar pad, and a suitable shelter will be needed for overnight bivouacs.
23. Suggested additional pack items:
Zip-lock bags
Toilet paper
Wet Wipes

Moleskin
Sunscreen
Insect repellent
Disposable space blanket
Iodine type water purification tablets
Parachute cord
Backpacking stove
Mess Kit, Utensils
Signal mirror
Signal smokes
Aerial flares
Small notebook and pen